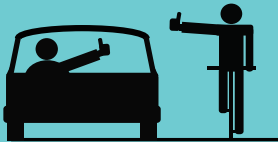


Thumbs Up, Waterloo Region!



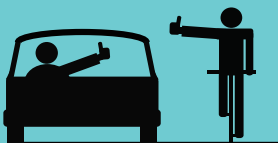
Be visible




Check mirrors



Leave 1 metre



Make eye contact



Join the conversation
to win prizes!



#thumbsUpWR



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Tips for Cyclists

- Ride on the right side of the road with the flow of traffic about one metre out from the curb
- Avoid riding on the sidewalk
- Make eye contact and signal your turns
- Be visible. Wear reflective clothing and use lights on your bike

Tips for Drivers

- Change lanes to pass, just as you would any other vehicle
- Check for cyclists when opening your car door
- Make eye contact
- Check for cyclists before turning

